

Patient FAQ

Q: Do I need a referral?

A: Yes we require a referral from your family doctor. If you don't have a family doctor, a walk in clinic or virtual online doctors office will suffice

Online platforms that offer same day appointments;

<https://tiahealth.com/> - Ontario and BC

<https://cover.health/> - Ontario

<https://www.telus.com/en/personal-health/my-care/doctors> - Ontario and BC

<https://rocketdoctor.ca/> - Ontario and BC

Q: How long is the wait to get an appointment?

A: Typically, we can schedule a consultation within one to two weeks upon receiving your referral. However, in certain cases, the wait may extend a bit longer.

Q: Does my medical card cover the treatment?

A: YES!

Ontario residents are 100% covered by OHIP with a valid medical card.

BC residents are 100% covered by MSP with a valid medical card

Q: What if I am not a resident or do not have a valid medical card? Can I still be treated?

A: In our Ontario facilities, treatment is available, but a fee must be paid before seeing the physician. Please reach out to our office to discuss the payment details at infoOntario@wellhealthhtc.com or 437-916-9128.

For those in BC, please contact us at infoBC@wellhealthhtc.com or 604-951-0159.

Q: How many appointments are needed?

A: Though we only tend to refer to hemorrhoids when they are symptomatic, hemorrhoids are a natural part of our anatomy. In fact, we all have 3 separate sections of hemorrhoidal tissue. In order to get the best results, most patients will require each section to be banded, for a total of 3 treatments. During each session, one band will be placed at a time. This approach reduces the risk of potential complications and uncomfortable side effects. Following your hemorrhoid banding appointments, you can return to your normal activities, however, it is recommended that you avoid any exercise or strenuous activities for the first 24 hours.

Q: Is the O'Regan System safe?

A: Yes. The CRH O'Regan System is a safe hemorrhoid treatment. In fact, the complication rate with CRH O'Regan banding is less than 1%. Additionally, banding with the CRH O'Regan system does not require the use of metal clamps or an endoscope making it safer and more comfortable than traditional banding treatments. The CRH O'Regan System is also pain-free, meaning patients can receive treatment with minimal discomfort.

Because hemorrhoid banding is a non-surgical treatment, it allows patients to experience relief from uncomfortable symptoms without going through extensive preparation and recovery time.

Q: Is it painful?

A: The CRH O'Regan System is a minimally invasive **hemorrhoid** treatment that is painless and highly effective. The band is placed above the nerve endings and therefore is relatively painless.

In addition to being painless, the CRH O'Regan System is quick, only taking approximately one minute to perform. There is also no need for fasting, sedation or extensive preparation before treatments.

Q: Is there any preparation or fasting required prior?

A: There are no special preparations for hemorrhoid banding/ligation. There is no fasting or cleansing or enemas.

If you take blood thinners, you may have to stop taking them a couple days prior to the procedure if approved by the prescribing doctor. Please let us know if you are taking blood thinners prior to your consultation.

Q: Do my hemorrhoids need to be inflamed in order to treat?

NO. you do not need to be experiencing a flare up in order to treat

Q: What is the success rate?

A: 95% of patients with hemorrhoids can be treated with a greater than 90% success rate

Q: What is the recurrence rate?

A: According to a study from 2005 with 1800 patients and over 5000 bandings - After 2 years less than 5% recurrence of symptoms

Q: Do you treat skin tags?

A: No. Unfortunately, we do not treat skin tags. This is considered a cosmetic procedure and is not covered by medical.

Q: Do you treat external hemorrhoids?

A: The CRH O'Regan System is not designed to treat external hemorrhoids, but many patients do see improvement in external hemorrhoid swelling after undergoing internal hemorrhoid banding. In most cases, external hemorrhoid symptoms are often the sign of **internal hemorrhoids**, meaning an internal hemorrhoid treatment can also improve external hemorrhoids.

Treating internal hemorrhoids can improve overall symptoms and even manage external hemorrhoid symptoms.

Q: How long does it take for the band to fall off?

A: After a banding treatment, the hemorrhoid typically falls off within two to four days. In some cases, it may take a few days longer for the hemorrhoid to fall off. If you find the rubber band in the toilet within the first two days, there is no reason for concern. Most people do not even notice when the hemorrhoid does fall off.

Q: What if my band falls off within a day or two?

A: Rarely, the band can fall off prematurely. If you notice the band in the toilet less than 24 hours after the procedure, no need to worry just give us a call within working hours. We will schedule an appointment and the doctor will examine. Worst case scenario, you'll need to have the hemorrhoid banded again.